



# Communiqué

Community Spouses' Club  
of Fort Benning

Volume 4, Issue 7  
February 2012



## A Letter from our President

Hello CSC friends,  
Love is in the air.... Or is it just Valentine's Day? Whether your husband is near or far, take the time to write him a love letter. In today's digital age we shoot texts or emails and soon the art of writing a letter might be long forgotten. Unless we keep it alive! Below are a couple of excerpts from famous love letters that I thought were so special and endearing.

Napoleon wrote many love letters to his wife Josephine, both before and after they were married. Some were sweet and others were a little more....

*"My one and only Josephine, apart from you there is no joy; away from you, the world is a desert where I am alone and cannot open my heart. . . .*

*Oh, my adorable wife! I don't know what fate has in store for me, but if it keeps me apart longer, it would  
My courage is not  
"I wake filled with  
Your portrait and  
evening which we  
have left my sens-  
Sweet incompara-  
what a strange  
on my heart!*

*Yielding to the  
ings which overwhelm me, I draw from your lips, from your heart a  
love which consumes me with fire?*

*Until then, mio dolce amor, a thousand kisses; but give me none in re-  
turn, for they set my blood on fire."*

Abigail and John Adams reportedly wrote a thousand letters to each other during the months, sometime years, that John was away helping with the founding of the United States. Abigail once wrote these words:

*"I look back to the early days of our acquaintance and friendship as to the days of love and innocence, and with an indescribable pleasure, I have seen near a score of years roll over our heads with an affection heightened and improved by time, nor have the dreary years of ab-*

**Happy Valentine's Day**  
**From your CSC Board!**



*from you any  
be unbearable!  
enough for that."  
thoughts of you.  
the intoxicating  
spent yesterday  
es in turmoil.  
ble Josephine,  
effect you have*

*profound feel-*

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**For up-to-date information and our online edition, visit our website at:  
[www.fortbenningcsc.org](http://www.fortbenningcsc.org)**

The Communiqué is an unofficial publication written in the interest of the Community Spouses' Club (CSC). Contents are not necessarily official views of, or endorsements by, CSC, Department of Defense, or any other branch of the United States Government.



## 2011-2012 CSC Board Members

### Board of Directors

President: Jennifer Parker  
 1st Vice President: Lisa McLane  
 2nd Vice President: Amy Catterton  
 Recording Secretary: Audra Thibodeaux  
 Corresponding Secretary: Sandra McLean  
 Treasurer: Sara Donlin  
 Parliamentarian: Tashanna Arroyo

### Committees

Bit of Benning Advisor: Lynda Morgan  
 Thrift Shop Advisor: Maddie Powell  
 Communiqué Editor: Kathie Harris  
 Historian: Tara Morrow  
 Hospitality: Andrea Gunter  
 Membership: Christina Collins  
 Publicity: Sophie Shafter  
 Reservations: Sandra McLean  
 Benning Bazaar: Amanda Matthews  
 Wreath and Tree Auction: Vette Ivey  
 Tour of Homes:  
 Volunteer Coordinator: Barbara Singleton  
 Scholarship: Christina Gladding  
 Community Grants: Audra Thibodeaux  
 Webmaster: Brandy Vonglis



# WELCOME

Casey Black Christy Jarvis Janice MacWatters



## February Birthdays

Your Ft. Benning CSC wishes you a Happy Birthday! Please enjoy a birthday cake (\$10 value) sponsored by **Columbus Corner Bakery** located at 5727 Moon Rd Ste. K, phone number (706) 568-4455. Please contact Hospitality Chair Andrea Gunter for your gift certificate.

4-Michelle McNeill

4-Lesley Mufalli

4-Tina Sager

8-Molly Parker

9-Kathy Kraft

10-Michelle Kuchta

10-Yvonne Rucobo

11-Lori Merritt

18-Cindy Snodgrass

19-Carlee Cantelou

20-Patti Brown

21-Kathie Harris

21-Bonnie Strickland

23-Bonnie MacGregor

24-Jillian Abramowski

24-Kathy Burns

24-Julie Tegtmeier

26-Ashley Necessary

The Fort Benning CSC Presents  
**Celebrate the Seasons with the Thrift Store!**  
**February 15th**  
**11 a.m.**  
**Regimental Room**

**Come see our fashion show  
 or be a part of it!**

**We need volunteers of all ages,  
 shapes and sizes! We'd love to  
 have mothers, daughters and  
 sons as well! Email Amy Catter-  
 ton at [amybethcat27@yahoo.com](mailto:amybethcat27@yahoo.com)**

**RSVP Deadline:**

February 8, 2012

[cscreservationsfb@yahoo.com](mailto:cscreservationsfb@yahoo.com)

Sandra McLean (706) 507-1161

\*Members who cancel after the  
 deadline will be responsible for  
 the cost of their admission before  
 attending the next event.

**Menu to be  
 announced.  
 Look for your  
 Evite soon!**

The Hospitality Basket  
 will go to Hope Harbor,  
 a domestic violence  
 shelter. Please bring  
 twin size bedding,  
 cleaning products and  
 paper products.

CSC 2011-2012 Reservations Policy

Reservations/Cancellations are due via e-mail ([cscreservationsfb@yahoo.com](mailto:cscreservationsfb@yahoo.com)) or phone (706.507.1161) on or before Wednesday, the week before the luncheon. Example: For our luncheon on Wednesday, February 15, 2012, you must reserve/cancel on or before the deadline date of Wednesday, February 8, 2012. If you cannot attend and do not cancel your reservations, you WILL be responsible for payment of that luncheon. You can only attend one luncheon as a non-CSC Member.

Permanent CSC Luncheon List: It requires a credit card on file. You will not need to e-mail or call each month. We will charge your card each month for the luncheon. If however, you are unable to attend a luncheon, you must cancel your reservation on or before the deadline date, otherwise you will be responsible for the luncheon, and your card will be charged.

Payment: Pre-paid by credit card (preferred), check (payable to CSC) mailed to CSC of Fort Benning; Attn: Reservations; P.O. Box 51978; Fort Benning, GA 31995-1978, or cash, check or credit card at the luncheon.

NOTE: YOU WILL BE RESPONSIBLE FOR ALL FEES FOR RETURNED CHECKS AND OR IF YOUR CREDIT CARD IS DENIED, WE WILL ONLY ACCEPT CASH PAYMENT FROM YOU FOR ALL FUTURE CSC EVENTS.

All credit card and personal information are confidential and will not be released to any other parties.

# Want to Volunteer?

## All CSC Board positions are open!

The CSC is currently accepting applications for the 2012-2013 board year. Interested applicants can fill out an application and mail it to: Community Spouses' Club of Fort Benning, ATTN: CSC Parliamentarian, P.O. Box 51978, Fort Benning, Georgia 31995.

Applications can also be dropped off at the Bit of Benning gift shop. To see job descriptions and download the application, please go to the CSC website at: [www.fortbenningcsc.org/](http://www.fortbenningcsc.org/) or Bit of Benning.

If any additional information is needed, please feel free to contact Tashanna Arroyo, CSC Parliamentarian, at [tashanna86@yahoo.com](mailto:tashanna86@yahoo.com).

**PLEASE NOTE:** All **CSC board positions** require a commitment to attend Board meetings and functions, in addition to performing the duties of the office.

## CSC Board Positions

### Elected Positions

President  
1<sup>st</sup> Vice President  
2<sup>nd</sup> Vice President  
Treasurer  
Corresponding Secretary  
Recording Secretary

### Appointed Positions

Bit of Benning Advisor	Publicity
Communiqué	Reservations
Community Grants	Scholarship
Fundraiser	Thrift Shop Advisor
Benning Bazaar	Volunteer Coordinator
Tour of Homes	Webmaster
Wreath & Tree Auction	
Historian	
Hospitality	
Membership	

## Top 5 Reasons to Volunteer

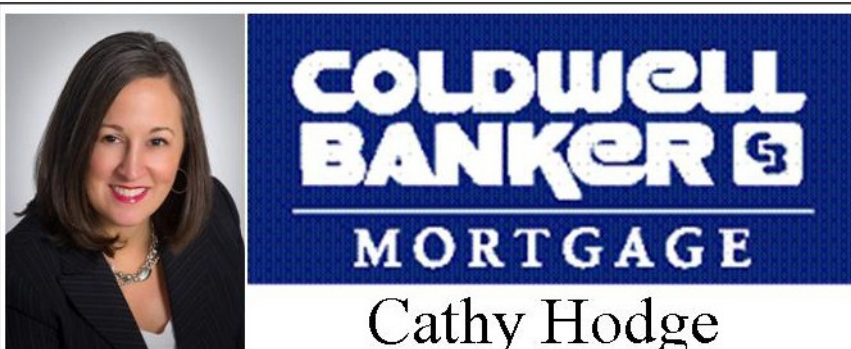
**5. Free childcare!** Board members receive free childcare to attend board meetings.

**4. Meet new friends!** Getting involved in our community is an easy and fun way to meet that new best friend.

**3. Get hired!** Volunteer experience looks great on a resume and can lead to a paying job in some cases.

**2. Service!** The military wouldn't function without volunteers. Get on board and make this the Army you want to be a part of.

**1. Personal fulfillment!** Whether its trying something you've always been interested in, expanding your professional experience or just getting out of the house, volunteering can lead to a sense of fulfillment and lasting memories!



**COLDWELL  
BANKER**  
MORTGAGE

**Cathy Hodge**  
Senior Mortgage Advisor

Coldwell Banker Mortgage has built a reputation of strength, integrity and service that our customers have come to trust. Whether you are buying a home or refinancing, my team and I have the singular goal of getting your mortgage closed as quickly and efficiently as possible. As a senior mortgage advisor, I have been helping customers get loans approved since 1987. We are especially trained and experienced in handling VA customers here and those deployed. Please call my office to start the process. It is free and only takes 10 minutes.

Office: 706-596-2050

Email: [Cathy.hodge@mortgagefamily.com](mailto:Cathy.hodge@mortgagefamily.com)

[cathyhodge.coldwellbankermortgage.com](http://cathyhodge.coldwellbankermortgage.com)

Cell: 706-329-6707

NMLS#151296/ GA-GRMA#27401/ AL-LO-52410





## Top 10 Salons and Spas

This is the first article of a Top 10 series to help our members find the best of the best that the area has to offer. Next month we will be compiling a list of restaurants. Please submit your favorites to Sara Donlin at [walters7133@yahoo.com](mailto:walters7133@yahoo.com) no later than February 15<sup>th</sup>. The first ten responses get an extra opportunity ticket at next month's luncheon! Also, if you mention this story to Kathie or Sara you get a coupon to Sunday's Ultimate Day Spa!

- ❶ **Sunday's Ultimate Day Spa** – [www.sundaysdayspa.com](http://www.sundaysdayspa.com) - All services here are excellent and they offer a military discount!
- ❷ **Stylique Salon @ the PX** - [www.ginomorena.com](http://www.ginomorena.com) - The salon manager, Michael Armalar, gives the best cut in Columbus!
- ❸ **Wildwood Day Spa** - [www.wildwooddayspa.com](http://www.wildwooddayspa.com) - Offers a military discount.
- ❹ **Spa Prunifolia @ Callaway Gardens** - [www.callawaygardens.com/resort/things-to-do/spa-treatments.aspx](http://www.callawaygardens.com/resort/things-to-do/spa-treatments.aspx) - Ranked 91 on Conde Nast Traveler's 250 best spa's in North America. This is a wonderful experience and perfect for a girl's getaway!
- ❺ **John Nails** – (706) 576-5565 – Excellent, inexpensive pedicure. Only \$18!
- ❻ **Bright Salon**- [www.brightsalon.com](http://www.brightsalon.com)
- ❼ **Soyoung Salon & Spa** - [www.soyoungsalonandspa.com](http://www.soyoungsalonandspa.com)
- ❽ **Cara Vail's Day Spa** - [www.caravailsdayspa.com](http://www.caravailsdayspa.com) - Offers a 15% military discount.
- ❾ **J.B. Phillips** - [jbphillipssalon.com](http://jbphillipssalon.com) - Offers a military discount!
- ❿ **Bliss Salon** - [www.blissofcolumbus.com](http://www.blissofcolumbus.com)



*thirty-one*  
\*\*\* Celebrate | Encourage | Reward \*\*\*

*thirty-one*

*thirty-one*

*thirty-one*

**Cari Morgan**  
Independent Consultant

Cell: 706-405-0723  
Home: 706-687-0827  
[camorgan@windjammercable.net](mailto:camorgan@windjammercable.net)  
[www.mythirtyone.com/carimorgan](http://www.mythirtyone.com/carimorgan)

## ART BY DIANE



## HOUSE PORTRAITS

DIANE OSBORNE

Website - [artbydiane.net](http://artbydiane.net)

706-563-3674

[artanddiane@bellsouth.net](mailto:artanddiane@bellsouth.net)

# February 2012

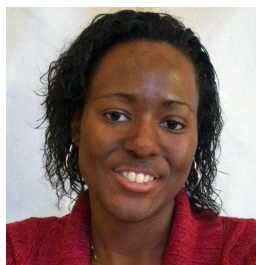
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Groundhog's Day	3	4
5 Super Bowl 	6	7	8 Luncheon RSVP Deadline	9	10	11
12	13	14 Valentine's Day	15 CSC Luncheon	16	17	18
19	20 President's Day	21	22	23	24	25
26	27	28	29			

## What are you doing for Valentine's Day?

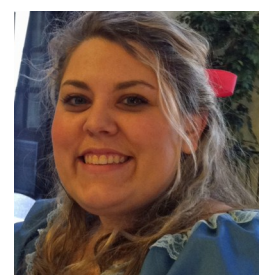


"It's our 6th Anniversary three days after Valentine's Day, so we're going out to eat. My husband calls it "Valiversary."

- Kelly Furtick



"Usually he surprises me. We'll probably do dinner at a nice restaurant. When I worked he would deliver a huge bouquet of flowers to my job!" - Tashanna Arroyo



"I'll probably do dinner at home. It's our first Valentine's Day as husband and wife. I might do some decorating and make a fancy dinner." - Britni Merva



# Restaraunt Review

Dinner Divas  
1332 13<sup>th</sup> St, Suite 3,  
Columbus, GA 31901  
706-587-3575  
dinnerdivasga.com

By Tiffany Grimm

Are you looking for a new, delicious, healthy way to celebrate Valentine's Day? Then look no further, Dinner Divas is your savior this holiday! Why not stay in this year, and let Dinner Divas cook for you! Dinner Divas is not a restaurant. They are a 100% owned-by-female-personal-chefs service in Co-



lumbus, GA. Co-owners Rachel Marsh and Lori Cooper have one goal: to help you enjoy healthy meals at home without doing all the work. They provide personal chef services for your weekly meals, as well as dinner parties, holiday events, coffees/tea groups and special occasions. Prices for personal dinners range about \$12.50 for adults and \$6.50 for kids. Catering costs vary.

Dinner Divas only cooks with the finest, freshest ingredients and strives for perfection. They offer week night meals for one or two or the whole family. All you have to do is order online or call and you can pick up a freshly prepared meal on your way home from work. Easy as pie, and speaking of pie, they have an amazing raspberry swirl cheesecake that leaves you wanting to scrape the spring form pan it was made in!

What I admire about Dinner Divas is they offer a classic meal like beef meatloaf, and a low calorie option, like turkey meatloaf, for those on restrictive diets. No longer do you have to eat tasteless low calorie meals. You can enjoy eating again by trying their Party Chicken and Chipotle Mustard Pork Loin. The colors, spices and aromas will have your mouth watering before you lift the first fork full. This is the perfect time of the year to try their tantalizing White Chicken Chili or black bean soup. One spoon full and you will be addicted.

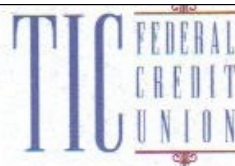
Besides catering and week night meals, Dinner Divas also offer Group Cooking Classes. You can invite your friends over to their facility for culinary entertainment and delicious cuisine. Dinner Divas has a state of the art private dining area where you can host your next coffee/tea, girls night, book club, etc. Work one on one with Rachel or Lori to set the menu and enjoy an afternoon or evening of gourmet cooking, friends, and take home recipes to be your own "Dinner Diva."



Herb and Goat Cheese Stuffed Chicken  
with 8 ball squash gratin and green peas.

## WANNA BE A MEMBER BUT NOT HERE FOR LONG?

Spouses' of Armed Forces Students stationed here at Fort Benning for six months or less are welcome to join the CSC with a special half price membership. For more information please send an email to Christina Collins at [ftbenningcsmembership@yahoo.com](mailto:ftbenningcsmembership@yahoo.com)



Building the future...together.  
Today. Tomorrow. Always.

**Wanda A. Rutledge**  
Community Relations Vice President

P.O. Box 9818 • Columbus, GA 31908-0818  
Phone: 706.320.8548 • Fax: 706.320.8589  
email: [wandar@tiefcu.com](mailto:wandar@tiefcu.com) • [www.tiefcu.com](http://www.tiefcu.com)



## Hope Harbor

Our Hospitality Basket for the month of February will go to Hope Harbor, an emergency shelter that meets the needs of domestic violence victims. Hope Harbor is a division of the Columbus Alliance for Battered Women, which has been serving the area for more than 30 years, according to Diane

Hett, Executive Director of Hope Harbor.

“It’s part of the safety of an undisclosed location,” said Hett. The 35-bed shelter is one of the largest in the state. It has 11 bedrooms to meet the needs of the families who live in the shelter for an average of five months. There is a shared living room, dining room and kitchen. The women are responsible for cooking their own meals.

Often the women and children walking through their door have been escorted from their home because of a domestic violence incident and only have the clothes on their backs. Hope Harbor is always in need of twin-sized bedding, including sheets and pillows cases, pillows and bed spreads. Items that are in constant demand are paper products like toilet paper, paper towels, every size of disposable diaper and baby wipes. There is a shelter advocate on site at all times to meet the needs of the women.

“There are physical needs, but a lot of emotional and psychological needs as well,” said Hett. “Women we treat have the same symptoms as soldiers with post-traumatic stress disorder, as well as the children.”

There are many classes the women participate in, including parenting classes, life skills classes and a weekly budgeting class. Being able to give the women a bucket of cleaning supplies to take with them when they leave the shelter is one way Hope Harbor helps them start a new life.

“We want them to get as many resources as they can get so when they leave they can stay violence free,” said Hett.



 **Sundays**  
ULTIMATE DAY SPA

2301 Brookstone Centre Parkway, Bldg. 300, Suite C  
Columbus, Georgia 31904  
706.322.5566 • Fax 706.660.1766  
sunday@sundaysdayspa.com



## Tour of Homes

### March 25th

Don't miss  
the décor and fun!

## Scholarship and Community Grant Applications are now online!



Military and contract employee dependents can go to our web site at [fortbenningsc.org](http://fortbenningsc.org) to download and print the application. The deadline for submitting an application is March 31. Scholarship applicants can contact Christina Gladding at (702) 285-7397 or email her at [gladding3@gmail.com](mailto:gladding3@gmail.com). Community Grant applicants can contact Audra Thibodeaux at (253) 278-7414 or email her at [audra.thibodeaux@gmail.com](mailto:audra.thibodeaux@gmail.com).



# This Is It!



It's that time of year when the Community Spouses Club of Fort Benning serves its highest purpose - serving others! We need volunteers for the Community Grant and Scholarship selection committees. The committees will each hold meetings in April to go over submitted applications and choose which applicants are awarded. If you're interested in joining either or both committees, please contact either Community Grant Chairperson Audra Thibodeaux at (253) 278-7414 or [audra.thibodeaux@gmail.com](mailto:audra.thibodeaux@gmail.com) or Scholarship Chairperson Christina Gladding at (702) 285-7397 or [gladding3@gmail.com](mailto:gladding3@gmail.com).

### President's Letter Continued....

*sence in the smallest degree effaced from my mind the image of the dear untitled man to whom I gave my heart."*

I hope these will inspire you to take the time this year to write some sweet nothings to your spouse. Or you can even write one to your child! I still have letters from my 90-year-old Nana and I can read them over and over again and be reminded of the eternal love she had for me.

Happy Valentine's Day!

Jennifer

P.S. Mark your calendars! Tour of Homes will be Sunday, March 25<sup>th</sup>. I am so excited and look forward to the wonderful homes we'll tour.



Community Spouses' Club  
of Fort Benning

**COMMUNIQUE**

**P.O. Box 51978**

**Fort Benning, Georgia 31995**



Your  
Community  
Gift  
Store

Come visit us at Bldg. 229 on Ingersoll Street

**Hours:**

**Tuesdays, Wednesdays**

**and Thursdays: 10-3**

**1st Saturday of every month: 10-2**

**Proceeds from A Bit of Benning help support  
the Community Spouses' Club Scholarship  
and Community Grants**

For more information call 706-225-7436 or email us  
at [abitofbenning@yahoo.com](mailto:abitofbenning@yahoo.com)

*CSC  
Thrift  
Shop*



**Hours:**

**Monday, Tuesday, Wednesday,**

**Thursday: 10~2**

**1st Sat. of each month: 10 ~ 3**

Located next to Bit of Benning. To shop,  
consign or volunteer, call 706-687-4830  
or send an email to  
[ft.benningcsmembership@yahoo.com](mailto:ft.benningcsmembership@yahoo.com)